



FOR THE COMMUNITY

Fisher-Titus Weight Loss Center - Weight Loss and Weight Management Program

Attend a FREE Weight Loss Program Information Seminar and meet members of our health care team, learn more about our program and pricing, and discuss the health issues related to obesity. Call 419-660-2893 to register.

NAMI Walk for Mental Health Saturday, May 6, Veterans Memorial Lake Park, Kiwanis Shelter

Registration 10 a.m., Walk 11 a.m. Dr. Upender Gehlot, Fisher-Titus Behavioral Health, will speak before the walk. Hot dog luncheon following walk.

Senior Enrichment Services Senior Celebration Thursday, May 18

Huron Co. Fairgrounds

Stop by our booth between 9-11 a.m. to learn about Fisher-Titus programs and services.

American Red Cross Blood Drive Friday, May 26, Noon-5 p.m.

Friday, June 30, Noon-5 p.m.

Fisher-Titus Jennings Auditorium

Call 1-800-733-2767 for an appointment. Walk-ins welcome as schedule permits.

Sensory Friendly Safety Town Monday, June 19 - Thursday, June 22, 12:30-2 p.m.

Registration required by June 12. Information/Registration: 419-663-1975, ext. 3040

Summer Pediatric Therapy Programs

Please call 419-663-1975, ext. 3040 or toll-free 1-800-589-3862, ext. 3040 for more information on classes and registration.

Community Supported Agriculture (CSA)

Fisher-Titus Medical Center is a pick-up location for J.H. Weilnau Farms and Riehm Farms CSA programs. Please visit the web sites listed below for more information and to sign up.

J.H. Weilnau Farms

jhweilnaufarms.com

Riehm Farms

funacres.net

Fisher-Titus Foundation Golf Outing

Wednesday, June 7 Eagle Creek Golf Course

For more information, or to purchase tickets, call 419-660-2920

New this year! Super 50/50 Raffle (in lieu of the Ball Drop)

Raffle winner may choose a guaranteed pay-out of \$1,000 cash, or a Norwalk Custom Order Furniture chair. Second place winner receives remaining prize.

Tickets: \$5 each, or 5 for \$20

Proceeds benefit the Fisher-Titus Pediatric Therapy Department, including the Autism Spectrum Kids Program.



FISHER-TITUS AUXILIARY FUNDRAISERS

Spring Plant Sale

Friday, May 12, 7:30 a.m. - Noon

Books are Fun Book Sale

Thursday, June 1, 8 a.m. - 4 p.m.

Friday, June 2, 7 a.m. - 4 p.m.

Shoe Sale

Tuesday, June 6, 7 a.m. - 4 p.m.

Wednesday, June 7, 7 a.m. - 2 p.m.

LuLaRoe Pop-Up Fundraiser

Friday, June 9, 7 a.m.-7 p.m.

Sales listed above held in the Fisher-Titus Ghrist Room, Parking Lot C. Cash, check and credit card accepted. Proceeds benefit the Fisher-Titus Auxiliary.

Diabetes Self Management Education Program

Physician referral required. Fees apply. Call 419-660-2596



FISHER | TITUS
MEDICAL CENTER

VISIT OUR ONLINE CALENDAR:



Support Groups

- Alzheimer's
- Breastfeeding
- Stroke

CPR & First Aid Classes

Free Blood Pressure and Diabetes Screenings:

- **Monday-Friday**, 9 a.m.-3 p.m. Fisher-Titus Home Health Center 28 Executive Dr., Norwalk (Blood Pressure Only)
- **Tuesdays and Fridays**, 8 a.m.-4 p.m. Fisher-Titus Family Medicine 2114 State Route 113 East, Milan
- **Wednesdays**, 8 a.m.-Noon Fisher-Titus Family Medicine 187 W. Main St., New London

Helmets For Kids

Bicycle helmets for children 18 and younger are available at Fisher-Titus Medical Care offices in Norwalk, Milan, Monroeville, New London, Greenwich, N. Fairfield, Wakeman and Willard during normal business hours. Children must be present to ensure proper fit. \$2 donation per helmet is suggested.

New Parent Classes

- Childbirth Education
- Happiest Baby on the Block
- Breastfeeding Education
- Sibling Education

WELLNESS WALKS

New London Wellness Walks

Tuesdays, May 2 & May 9, 6 p.m.

New London Recreation Park

2 Blake Street, New London

Meet at the Hileman Building

FOR YOUR HEALTH

Treatment Options for Kidney Failure Education Program

Thursday, May 18, 1-3 p.m.

Thursday, June 15, 4-6 p.m.

Registration is required.

Call 419-775-1731

American Cancer Society Look Good Feel Better

Monday, June 12, 5 - 7 p.m.

For women undergoing cancer treatment. Registration/Information: 1-800-227-2345

For More Information Visit FisherTitus.org